



Report on Erasmus+ Study Abroad

Bewerbungsnummer [REDACTED]

GENERAL INFORMATION

PERSONAL INFORMATION

Personal information

Surname	[REDACTED]
First name	[REDACTED]
Study Programme at RUB	International Humanitarian Action_Master
Exchange	Uniwersytet Warszawski
Subject at Partner University	Minor in Armed Conflicts

Duration of the stay

Academic year	2024/25
Start semester	Sommersemester 2025
Duration in semesters/terms	1

STAY ABROAD

Motivation of stay abroad

Experience new academic environment/different university system	5
Improve your knowledge of the language	1
Academic reputation/quality of the host institution	4
Living in a foreign country	5
Discovering a new culture/way of life	5
Social/cultural life	4

Selection criteria

Which criteria motivated you to choose this institution?	reputation of the host institution, reputation of the teaching staffsonals, courses (course offer)
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HOME INSTITUTION

How do you assess the general support of RUB?	4
How would you describe the services provided by RUB (information meeting, level of information...)?	It was good, we were informed well on our exchange semester and helped with applying for the scholarship.
Did you receive support from RUB while abroad?	No
Did you receive all necessary information from RUB before you left your home country?	Yes

HOST INSTITUTION

Host institution

How do you assess the host institution generally speaking?	5
Was there an orientation programme?	Yes
If yes, please describe the orientation programme.	In case you mean introduction into Polish culture: yes!
Was a preparatory intensive language course offered?	Yes
Was the completion of any language test at the host institution requested?	No
Did you have a buddy during your exchange?	No
Please describe the registration and enrollment formalities.	It was good, but we had 3 different student coordinators, and none of them were really helpful... [REDACTED] and [REDACTED] were great though!
Please describe the host institution buildings and installations (IT, library...).	Very very nice, especially the library!

Academic year schedule

Preparatory language course duration	
First semester/term duration (in weeks)	16-20 weeks
Second semester/term duration (in weeks)	
Third term duration (in weeks)	
Examination period duration (in weeks)	randomized, not all in one week, but rather throughout the semester.
Did you have holidays/a semester break?	Yes
If yes, please give the holiday/semester break duration.	We had Easter break!

STUDIES

Studies/Semester description

Which courses did you attend (brief description, evaluation, credits)?	We had 8 courses varied over 2 different faculties: Law and Adminsitration + International Relations. Our courses were the following: 1. Advanced management in Humanitarian Action (not the best though, wish I learned more, but nice teacher) 2. Contemporary Armed Conflicts and Stability Operations (very good teacher, learned a lot) 3. Methodology and Methods in Humanitarian Studies (nice teacher, but unnecessary course) 4. Reconciliation in a post-conflict society (████████ class: I learned so much, I don't think I was as active in any class ever before in my life) 5. Prevention of Human Rights Atrocities (good have been way more interesting, also didn't help it was a Monday 8AM class) 6. Protection of Civilians in Armed Conflicts (taught by the amazing ██████████ during her and ██████████ class I learned so much about law and was so impressed by their knowledge, that I actually want to pursue an extra Master's in this, ironically while I disliked law before...) 7. Conflicts and Crises in Eastern Europe (could have been way more interesting for our teacher knew so much and was such a good speaker, but we had to research ourselves and work together with undergraduate students from Indiana University, which wasn't too succesful). 8. Forensics in Humanitarian Action - Simulation Exercise (this was actually such a random, but so interesting and fun course, and actually quite useful for our fields of study). All together, 30 credits.
How did you get information on the content of courses you attended?	I received it by e-mail (but only the title of the courses).
What was the language of instruction at the host institution?	English
How was the academic support/assistance?	Very good, I really liked this university.
How do you assess the quality of the courses compared to RUB?	Much better
Did you have any issues with courses recognition?	No
Please describe the grading system of the host university.	1 to 5, but the other way around as in Germany. 5 is the best.

ACCOMMODATION

Accommodation

Which kind of accommodation did you find (student housing, shared-flat...)?	Shared flat
Did you receive help from your host institution to find accommodation?	No
How did you organize your accommodation? Why did you like it or not? Do you have other propositions? (Please provide website links, newspaper name... if you have any.)	I found it on this Erasmus website, and I payed an extra fee for protection, because I was scared to be scammed. A girl who studied in Warsaw during the first semester advised me to do so and told me which parts of Warsaw are good to live in and which to avoid.

HOST COUNTRY

Host country

How do you describe the city, the country and the people?	Amazing! Warsaw is beautiful! And the trains are cheap, so it's easy to travel around and enjoy Poland's beautiful nature as well, such as Zakopane. The people are also friendly and most of them can speak English.
Did you need a visa?	No
Did you take an additional Insurance?	No

COSTS

General costs

How were the living costs compared to your home country?	Much lower
Did you receive a grant during your stay?	Yes
Which institution provided you with a grant (Erasmus, your home institution...)?	Erasmus Mobility Grant offered by RUB
Did this grant cover all your spending while abroad?	No

Monthly costs

Monthly housing costs	540
Monthly catering costs	300
Monthly transportation costs to study place	15
Abroad health insurance coverage	
Other monthly costs	
Total amount of your monthly costs	855

Additional costs

Immunization, medical care	
Visa	
Travel costs for arrival and departure	
Costs for books, copies, etc	
Language course costs (language of the country)	
Orientation week	
Other non-monthly costs	
Total amount of your non-monthly costs	

SUMMARY

Summary

How would you summarize your stay abroad?	I enjoyed my time a lot! Poland was beautiful, the classes were great, and I had lovely friends.
Describe your greatest experience/achievement	The law courses: they awakened my dream to pursue a career in the field of international human rights also from the law perspective.
Describe your most negative experience	We changed student coordinators 3 times and all of them weren't of much help, this caused some irritation.
What was the biggest difficulty you faced while abroad ?	I didn't have big difficulties to be honest...
Overall notation of your stay abroad	5

Do you recommend your host institution for an exchange program? Yes

What would you have liked to know before your stay abroad?

Other comments/improvement proposals

SUBMIT REPORT

Can we publish an anonymous version of your report on our website? Yes