



## Report on Erasmus+ Study Abroad

Bewerbungsnummer



### GENERAL INFORMATION

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### PERSONAL INFORMATION

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#### Personal information

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<b>Surname</b>	
<b>First name</b>	
<b>Study Programme at RUB</b>	Sozialwissenschaft_Master 1-Fach
<b>Exchange</b>	Università degli Studi di Urbino 'Carlo Bo'
<b>Subject at Partner University</b>	Social Science

#### Duration of the stay

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<b>Academic year</b>	2024/25
<b>Start semester</b>	Sommersemester 2025
<b>Duration in semesters/terms</b>	1

### STAY ABROAD

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#### Motivation of stay abroad

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<b>Experience new academic environment/different university system</b>	2
<b>Improve your knowledge of the language</b>	1
<b>Academic reputation/quality of the host institution</b>	3
<b>Living in a foreign country</b>	1
<b>Discovering a new culture/way of life</b>	1
<b>Social/cultural life</b>	1

#### Selection criteria

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<b>Which criteria motivated you to choose this institution?</b>	Appeal of the country/city
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## HOME INSTITUTION

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<b>How do you assess the general support of RUB?</b>	1
<b>How would you describe the services provided by RUB (information meeting, level of information...)?</b>	It was really organized, also while being abroad I received fast replies and also could work autonomically with the provided Power-Point-Presentations and Checklists
<b>Did you receive support from RUB while abroad?</b>	Yes
<b>If yes, which kind of support?</b>	Fast E-Mail replies for administrative works
<b>Did you receive all necessary information from RUB before you left your home country?</b>	Yes

## HOST INSTITUTION

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### Host institution

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<b>How do you assess the host institution generally speaking?</b>	2
<b>Was there an orientation programme?</b>	Yes
<b>If yes, please describe the orientation programme.</b>	From the formal university side and also from the student side (ESN) we had the possibility to get to know the city, the university structure and new people
<b>Was a preparatory intensive language course offered?</b>	No
<b>Was the completion of any language test at the host institution requested?</b>	Yes
<b>If yes, which one(s)?</b>	If you wanted to join an Italian language course, it was necessary to do a replacement test
<b>Did you have a buddy during your exchange?</b>	Yes
<b>If yes, please describe which kind of help you received from your buddy.</b>	She helped me to arrive, meet people, showed me places in the city and helped me translating from Italian to English with our landlord
<b>Please describe the registration and enrollment formalities.</b>	OLA und Confirmation of Stay
<b>Please describe the host institution buildings and installations (IT, library...).</b>	A lot of libraries, wifi in the whole city center with eduroam, group work rooms (and everything looks old and pretty)

### Academic year schedule

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<b>Preparatory language course duration</b>	
<b>First semester/term duration (in weeks)</b>	13 (summer semester)
<b>Second semester/term duration (in weeks)</b>	
<b>Third term duration (in weeks)</b>	
<b>Examination period duration (in weeks)</b>	6
<b>Did you have holidays/a semester break?</b>	Yes
<b>If yes, please give the holiday/semester break duration.</b>	10 days

## STUDIES

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### Studies/Semester description

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<b>Which courses did you attend (brief description, evaluation, credits)?</b>	Group Dynamics in Social Psychology: 2 lessons per week, one theoretically, one practically; presentation at the end of the semester + exam with written and oral part Contemporary Politics: 3 lessons per week; written essay as exam
<b>How did you get information on the content of courses you attended?</b>	With "Blended Learning"-website and via email
<b>What was the language of instruction at the host institution?</b>	Italian
<b>How was the academic support/assistance?</b>	Really helpful and fast
<b>How do you assess the quality of the courses compared to RUB?</b>	Not as good
<b>Did you have any issues with courses recognition?</b>	No
<b>Please describe the grading system of the host university.</b>	The points are from 0 to 30; 30 is the best (possibility of 30 con laude); 18 points are needed to pass

## ACCOMMODATION

### Accommodation

<b>Which kind of accommodation did you find (student housing, shared-flat...)?</b>	shared-flat
<b>Did you receive help from your host institution to find accommodation?</b>	No
<b>How did you organize your accommodation? Why did you like it or not? Do you have other propositions? (Please provide website links, newspaper name... if you have any.)</b>	I found it via a Facebook group for accommodation for students in Urbino

## HOST COUNTRY

### Host country

<b>How do you describe the city, the country and the people?</b>	The sweetest city, a lot of cafés, restaurants, bars. It is really lively, even though it is a small city. Amazing view points and great hiking routes around the city. Students organizations are providing many activities. But toxic men were present A LOT too.
<b>Did you need a visa?</b>	No
<b>Did you take an additional Insurance?</b>	Yes
<b>If yes, which one?</b>	Envivas (addition to Techniker Krankenkasse)

## COSTS

### General costs

<b>How were the living costs compared to your home country?</b>	Equal
<b>Did you receive a grant during your stay?</b>	Yes
<b>Which institution provided you with a grant (Erasmus, your home institution...)?</b>	Erasmus

Did this grant cover all your spending while abroad? No

## Monthly costs

Monthly housing costs	380
Monthly catering costs	200
Monthly transportation costs to study place	0
Abroad health insurance coverage	
Other monthly costs	Activities (250 Euros)
Total amount of your monthly costs	900

## Additional costs

Immunization, medical care	
Visa	
Travel costs for arrival and departure	250
Costs for books, copies, etc	
Language course costs (language of the country)	35
Orientation week	100
Other non-monthly costs	Traveling (500 Euros), Deposit (300 Euros)
Total amount of your non-monthly costs	900

## SUMMARY

### Summary

How would you summarize your stay abroad?	I learned a lot. I intensified my Italian, my English is fluent without many difficulties. I learned a lot about me in social groups, what kind of role I have in groups and also how to interact out of my social bubble in Germany.
Describe your greatest experience/achievement	I organized a trip with 10 other Erasmus students to the south of Italy to the beach and Naples. It really shaped our relationship to a next level.
Describe your most negative experience	I never struggled so much with my financial situation as in this Erasmus. The grant of the Erasmus+ program didn't cover my expenses and without help of my family I would not have managed to do this experience.
What was the biggest difficulty you faced while abroad ?	It was hard to meet people outside of the Erasmus group, which also made it harder to learn better Italian.
Overall notation of your stay abroad	2
Do you recommend your host institution for an exchange program?	Yes
What would you have liked to know before your stay abroad?	
Other comments/improvement proposals	Make the program more accessible also for people without the financial power of their parents

## SUBMIT REPORT

Can we publish an anonymous version of your report on our website? Yes